

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Dance : Unit 1	Games : Unit 1	Ball Skills : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Games : Unit 2	Ball Skills : Unit 2
Year 1	Gymnastics Ball Skills	Invasion Games Fitness	Dance Net and Wall Games	Yoga Sending and Receiving	Commando Joes Target Games	Athletics Striking and Fielding Games
Year 2	Ball Skills Commando Joes	Invasion Games Gymnastics	Dance Net and Wall Games	Fitness Sending and Receiving	Target Games Yoga	Athletics Striking and Fielding Games
Year 3	Gymnastics Football	Tag Rugby Fitness	Dance Basketball	Hockey Commando Joes	Athletics Cricket	Tennis Rounders
Year 4	Swimming lessons Basketball	Commando Joes Swimming lessons	Swimming lessons Dance	Swimming lessons Hockey	Athletics Fitness	Cricket Tennis
Year 5	Netball Fitness	Tag Rugby Dance	Football Hockey	Sports Hall Athletics Cricket	Athletics Rounders	Tennis Commando Joes
Year 6	Football Hockey	Fitness Tag Rugby	Commando Joes Netball	Tennis Rounders	Athletics Dance	Cricket Golf